



Visiting Nurse Association  
of Central Jersey

FOR IMMEDIATE RELEASE  
September 9, 2008

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### **Visiting Nurse Association of Central Jersey Offers Bereavement Support Group**

RED BANK, NJ – Beginning October 7, the Visiting Nurse Association of Central Jersey Hospice program will offer a bereavement support group for adults who have lost loved ones at least three months prior to the start of the group. The group provides a comforting, supportive environment and opportunity to bond, share feelings and learn techniques for dealing with grief.

The group will meet for seven Tuesday evening sessions from 6:30pm to 8:00pm at VNA of Central Jersey Bereavement Room, 176 Riverside Avenue, Red Bank, NJ. Rosemarie Reilly, MA, is the group leader and a certified bereavement counselor. Ms. Reilly has offered bereavement support counseling for over 20 years.

Meeting dates are October 7, October 21, November 4, November 18, December 2, December 16, and December 30.

Participation in the group is open to the public and is not restricted to families or friends of hospice patients. For more information or to register, please call the VNACJ hospice headquarters at 732-493-2220.

In addition, children bereavement support groups are also offered. Please call for more information and exact dates.

Visiting Nurse Association of Central Jersey, now in its 95<sup>th</sup> year of service, is a nonprofit provider of in-home health care and hospice services. The organization also offers extensive community-based health and wellness services throughout its service area of Middlesex, Monmouth, and Ocean counties.