



FOR IMMEDIATE RELEASE
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VNA of Central Jersey Offers Flu Shots in Monmouth and Middlesex Counties

RED BANK, NJ, September 23, 2008 – Visiting Nurse Association of Central Jersey (VNACJ) will offer flu and pneumonia immunizations at various locations throughout Monmouth and Middlesex Counties between October 3, 2008 and November 16, 2008.

The cost will be \$25.00 for a flu shot and \$40.00 for a pneumonia vaccination. Seniors will have the option to present their Medicare Part B card as their primary insurance. Medicare HMOs will not be accepted. Individuals covered by Medicare HMOs should contact their HMOs for information on flu shot providers.

Flu shots are particularly important for high-risk individuals, as well as those who provide care for high-risk individuals, including:

- All persons 18 or older with chronic diseases
- All persons over the age of 50
- Pregnant women
- Healthcare personnel who provide direct patient care
- Household contacts and out-of-home caregivers of infants under the age of 6 months

All children aged 2 years-18 years who are diagnosed with chronic diseases and children aged 6 months-23 months are also designated as high-risk by the N.J. Department of Health. VNACJ will not provide immunizations for any children under 18 at its public sites. Children under 18 must obtain an appointment to be eligible for flu shots. Call 732-933-3989 to schedule an appointment or for more information.

Deborah C. Bailey, R.N./Ph.D., and Manager of Community Health Education and Wellness, says, “The VNACJ is committed to keeping the community well-informed about receiving the influenza immunization. Our goal is to increase the number of individuals 60 years and older receiving influenza vaccinations by 60 percent.”

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Flu shots will be offered at the following locations throughout Monmouth and Middlesex counties:

Monmouth:

- Holy Trinity Parish (Parish Hall): 408 Prospect St., Long Branch
Oct. 5: 11 am – 1 pm
- Texas Road Pharmacy: 300 Gordon's Corner Rd., Manalapan
Oct. 9: 2 pm – 4 pm
- St. Gabriel's Church/The Friendship Club: 100 N. Main St., Marlboro
Oct. 12: 1 pm – 2 pm
- St. Mark's Church: 215 Crescent Pkwy., Sea Girt
Oct. 12: 9 am – 12 noon
- Keansburg Pharmacy: 199 Main St., Keansburg
Oct. 13: 2 pm – 4 pm
- St. Dennis Church: 90 Union Ave., Manasquan
Oct. 18: 9 am – 11 am
- Hazlet Pharmacy: 2874 Hwy. #35 S., Hazlet
Oct. 18: 12 noon – 2 pm
- Manasquan United Methodist Church: 23 Church St., Manasquan
Oct. 19: 9 am – 11:30 am
- Little Silver Family Pharmacy: 10 Church St., Little Silver
Oct. 25: 12 noon – 2 pm
- St. Thomas More Church: 186 Gordon's Corner Rd., Manalapan
Oct. 26: 10 am – 12 noon
- Norkus Foodtown: 160 Village Center Dr., Freehold
Oct. 28: 10 am – 12 noon
- St. Joseph's Church: 376 Maple Ave., Keyport
Nov. 2: 9 am – 11 am
- St. Margaret's Church Hall: 3rd Ave., Spring Lake
Nov. 8: 1 pm – 3 pm
- First Presbyterian Church: 255 Harding Rd., Red Bank
Nov 16: 11 am – 1 pm

Middlesex:

- Texas Road Pharmacy: 475 Spotswood Englishtown Rd., Monroe
Oct. 3: 10 am – 12 noon
- Windsor Pharmacy: 722 Rte. #18, East Brunswick
Oct. 4: 10 am – 12 noon
- Boyt Pharmacy: 411 Main St., Metuchen
Nov. 7: 3 pm – 5 pm

The flu immunization schedule can also be found online at www.vnacj.org. For more information, contact the Flu Shot Hotline at 732-224-6985.

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